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FOR IMMEDIATE RELEASE

HARTZ PHYSICAL THERAPY PRESENTS A WEEK AWAY WITH RECORD-BREAKING \$20,000 CHECK

LANCASTER, Pa. (November 02, 2018) – HARTZ Physical Therapy's 15th annual Fall Blast 5K run/walk was held on October 6, 2018. Over the past 14 years, \$169,000 has been donated to various Lancaster-based charities from the proceeds of this annual event. For the 3rd and final year, all proceeds were earmarked to benefit A Week Away (AWA). After all financial results were tallied, the staff of HARTZ Physical Therapy was delighted to present A Week Away volunteers and board members with a check for \$20,000! This annual tally represents the highest net proceed ever raised through this event and finalizes a 3-year total of over \$50,000 donated to A Week Away.

A Week Away (AWA) coordinates and finances respite weeks for families who are battling a life-threatening illness, with the goal of providing them the hope they need to continue their fight. This \$20,000 donation will help the organization finance 6-7 additional respite weeks for families who are in desperate need of a week away. This donation comes at a pivotal time for AWA as they have approved nearly 60 respites in 2018.

AWA was founded in 2014, by Caleb Walker, who was battling Stage III cancer for several years. Caleb recalled a time when a friend gave him the use of their beach house for a long weekend. Caleb states, "I can still remember how that weekend was one of the first times I felt like a normal person since the diagnosis. The time spent with my family combined with the peaceful ease of the trip, allowed me to dream of the possibility of one day living life cancer-free." Caleb has since passed away, but his vision lives on, touching the lives of many families who are battling a life-threatening illness.

Owner of HARTZ Physical Therapy, Brian Hartz, states, "We all know someone who has been touched by a life-threatening illness. To be able to donate these funds to an all-volunteer organization like AWA, is a thrill for my staff and me. They provide not only a respite week for these families, but also, much needed emotional support, to help them garner the strength they need to continue their fight." For more information, visit <u>www.aweekaway.org</u>.

HARTZ Physical Therapy has been acknowledged for its incomparable excellence in quality and personal patient care since 2000. A family-owned small business with Lancaster County roots, the staff of HARTZ PT is passionate about contributing to the community in which they live and work. HARTZ PT has four locations in Lancaster County to serve you better.