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FOR IMMEDIATE RELEASE

Physical Therapist Retires After Almost 50 Years of Patient Care

Dr. Tim Kauffman, a Lancaster-based physical therapist for nearly 50 years, retired from actively treating patients on Tuesday, July 31, 2018. He owned a private practice in Lancaster since 1981. Recently, his practice was acquired by Hartz Physical Therapy, also a family-owned private practice based in Lancaster County.

Brian Hartz, owner of Hartz Physical Therapy says "Congratulations to Tim Kauffman on an accomplished career built over almost 50 years in the Lancaster community. We were honored to bring his expertise and mentoring to our practice earlier this year and wish him the best of luck in his retirement." Hartz Physical Therapy, a local private practice, will continue seeing patients at it's four locations throughout Lancaster County, including the former site of Kauffman Physical Therapy, 804 New Holland Ave, Lancaster.

Kauffman's career and contributions to the physical therapy profession have been unique in that he has published research in refereed medical journal including 2 seminal articles that changed thinking about the care of aging persons. His paper was the first in the English language and possibly anywhere that showed that older persons could gain strength with proper exercise. Prior to his paper, all research showed that older persons had less potential than younger person to gain strength.

A second paper, based on data collected in Lancaster and Chester counties showed that persons over the age of 90 years who have hip fractures still have good potential to regain walking ability and return home. These results have been presented in the US Congress to advocate for good rehabilitation care for all Americans.

Almost no private practice physical therapists conduct and publish research but he has over 30 published articles and over 25 book chapters. Kauffman has presented his research locally, nationally and internationally in the US, England, Germany, Ireland, Denmark, Spain, Israel, Australia and Suriname – formerly Dutch Guiana.

He is the lead editor of the internationally acclaimed rehabilitation textbook, ***A Comprehensive Guide to Geriatric Rehabilitation Manual*** published by the world's largest medical publishing company, Elsevier. This was the 3rd edition and is used worldwide.

Kauffman has been named a Catherine Worthingham Fellow of the American Physical Therapy Association (APTA), which is highest honor of membership. Since 1982 only 200 physical therapists have been made Fellows out the 100,000 plus APTA members. He is also a Fellow in the Gerontological Society of America, an international association with a wide variety of professionals including biologists, medical providers, psychologists, socialists and public policy persons.

During his career he has treated thousands of persons with back, neck, knee and shoulder conditions. He is a Partner in Care for the Multiple Sclerosis Society and lectures bi-annually for the Parkinson's Support Group. He is working with the US Bone and Joint Initiative to develop a public information program on osteoporosis and has taught fall prevention classes for many years.

In addition to working in physical therapy private practice for most of his career, Kauffman served in the US Army and in US Army Reserves as a physical therapist and military historian.

Kauffman graduated from JP McCaskey High School where he was active in sports. He earned a BA at Gettysburg College, a Physical Therapy certificate at University of Pennsylvania, a MS at Medical College of Virginia and a PhD from LaSalle University.

Kauffman says that the "greatest professional joy about returning home to Lancaster has been to treat my friends, their children and their parents. It is always really special to treat my former coaches and teachers because they taught me to write, think and problem-solve. My book and research is the product of what they gave to me when I was growing up. And finally, it is an honor to conclude my work in patient care with Hartz Physical Therapy."

Former patients and friends may send well wishes to Dr Kauffman at 804 New Holland Ave, Lancaster, PA 17602.

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